



# Functional Capacity Evaluation Training



## Who Should attend:

Safety & Health Professionals  
 Physical Therapists  
 Occupational Therapists  
 Athletic Trainers  
 Exercise Physiologists  
 Allied Health Professionals

## Contact Hours:

24 Hours

## Tuition:

\$900.00

## Education Level:

Introductory - Intermediate  
 No pre-requisites required

## Content Domain:

Evaluation

## Course Instructors:

See reverse for instructors

## Course Approval:



Wisconsin Physical Therapy  
 Association Course Approval



State of Illinois Physical Therapy  
 Continuing Education Sponsor



OccuCare Systems & Solutions  
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 Kenosha, WI 53144  
 866-470-4440

[www.occucare.net](http://www.occucare.net)

## Course Description

The Functional Capacity Evaluation training program is designed for professionals who are looking to expand their knowledge and/or implement Functional Capacity Evaluations into their practice. Following the completion of this three day program you will be able to plan, administer, and perform evidence based FCE's that meet industry reliability and validity levels. Upon course completion attendees are certified as trained FCE testers and this course is one of two best steps in attaining the Certified Functional Capacity Evaluator certification.

You will receive hands on experience throughout the course with daily practicum's performing individual FCE components and perform a full FCE on day three. The protocols and training are built around assessment tools that have been court tested with published reliability and validity studies. Following the completion of this course you will receive ongoing testing support as you grow and expand your FCE practice. OccuCare's Online Assessment Application will be utilized during the course as a training tool. This software is an optional piece of equipment that will greatly improve your productivity and efficiency in completing Functional Capacity Evaluations.

Satisfactory course completion as an assessment of learned outcomes includes:

- Participation in all three days of training
- Classroom demonstrations/critique of your hands on evaluation practicum

## Learning Outcomes

By the end of this training program learners will be able to:

- Demonstrate ability to perform/document safe, reliable, and defensible FCE's
- Consistently identify safe occasional, frequent or continuous abilities
- Demonstrate understanding of consistency of effort and reliability of pain
- Accurately extrapolate data to an 8 hour day
- Demonstrate knowledge of kinesiophysical lifting/testing protocols
- Implement FCE documentation that enhances your reports
- Back up your FCE results in a court of law
- Demonstrate appropriate FCE testing methodologies which include:
  - Industrial Rehabilitation Philosophy
    - The OccuCare Evaluation Philosophy
    - Principles of Functional Capacity Testing
  - Job Demands Analysis
    - Performing Job Demands Analysis
  - Functional Capacity Evaluation
    - Intake Process
    - Consistency of Effort/Reliability of Pain Ratings
    - Sitting and Standing
    - Musculoskeletal Screening and Evaluation
    - Upper Extremity Testing/Coordination
    - Repetitive Functional Activities
    - Occasional Material Handling
    - Frequent Material Handling
    - Job Simulation
    - FCE Case Study and Practicum

# Course Instructors



## **Jim Mecham, MS, OTR/L, AEP**

Jim has dedicated his career to developing comprehensive industrial rehab programming that returns an injured worker to work as soon as possible. He has developed multiple Functional Capacity Evaluations with his crowning achievement being the FCE within the Online Assessment Application. His degrees in Occupational Therapy and Industrial Engineering provides a perfect fit to rehabilitate workers following an injury and provide them with the best in industrial rehab services. Jim's extensive experience in the field of industrial rehabilitation is why clinicians throughout North America train with him to implement and/or enhance very profitable approaches to industrial rehab. Jim has taught clinicians throughout the United States to implement industrial rehab within the smallest of locations that significantly enhances their bottom line. Jim's training and OccuCare's Online Assessment Application provides clinician's referral sources with high quality reports that keep the referrals and revenue flowing.



## **Michelle Paulowske, OTR/L, CEAS, CFCE**

Michelle received a Bachelors of Science degree in Occupational Therapy from Mount Mary College in Milwaukee, Wisconsin and continued her pursuit of excellence by obtaining certifications as a Certified Functional Capacity Evaluator and in ergonomics. Throughout her expansive career she has utilized her knowledge and expertise to specialize in industrial rehabilitation and presently oversees the industrial rehabilitation programming at multiple locations for a Midwestern based outpatient rehab facility. Michelle is a strong believer in continuous improvement through education and with this belief has trained medical providers throughout North America how to succeed at implementing high level industrial rehabilitation programming. Michelle's expertise in Work Hardening/Work Conditioning and Functional Capacity Evaluations consistently helps her students achieve a higher skill level in this complex programming. The thousands of Functional Capacity Evaluations she has performed allows her to bring real world experience to her training programs. Michelle is a resource to medical professionals throughout North America when looking to implement or enhance work hardening/conditioning and functional capacity testing.



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